

Character Qualities Taught & Exemplified

1. Alertness vs. Unawareness:

Being aware of that which is taking place around me so that I can have the right responses.

2. Attentiveness vs. Concern:

Showing the worth of a person by giving undivided attention to his words and emotions.

3. Availability vs. Self-Centeredness:

Making my own schedule and priorities secondary to the wishes of those I am serving.

4. Boldness vs. Fearfulness:

Confidence that what I have to say or do is true, right and just.

5. Cautiousness vs. Rashness:

Knowing how important right timing is in accomplishing right actions.

6. Compassion vs. Indifference:

Investing whatever is necessary to heal the hurts of others.

7. Contentment vs. Covetousness:

Realizing true happiness doesn't depend on material conditions.

8. Creativity vs. Underachievement:

Approaching a need, a task, or an idea from a new perspective.

9. Decisiveness vs. Procrastination:

The ability to recognize key factors and finalize difficult decisions.

10. Deference vs. Rudeness:

Limiting my freedom so I do not offend the tastes of those around me.

11. Dependability vs. Inconsistency:

Fulfilling what I consented to do even if it means unexpected sacrifice.

12. Determination vs. Faint-Heartedness:

Purposing to accomplish right goals at the right time, regardless of the opposition.

13. Diligence vs. Slothfulness:

Investing my time and energy to complete each task assigned to me.

14. Discernment vs. Shortsightedness:

Understanding the deeper reasons why things happen.

15. Discretion vs. Simple-Mindedness:

The ability to avoid words, actions, and attitudes, which could result in undesirable consequences.

16. Endurance vs. Giving Up:

The inward strength to withstand stress and do my best.

17. Enthusiasm vs. Apathy:

Expressing joy in each task as I give it my best effort.

18. Faith vs. Presumption:

Confidence that actions rooted in good character will yield the best outcome.

19. Flexibility vs. Resistance:

Willingness to change plans or ideas according to the direction of my authorities.

20. Forgiveness vs. Rejection:

Clearing the record of those who have wronged me and not holding a grudge.

21. Generosity vs. Stinginess:

Carefully managing my resources so I can freely give to those in need.

22. Gentleness vs. Harshness:

Showing personal care and concern in meeting the needs of others.

23. Gratefulness vs. Unthankfulness:

Letting others know by my words and actions how they have benefited my life.

24. Honor vs. Disrespect:

Respecting those in leadership because of the higher authorities they represent.

25. Hospitality vs. Loneliness:

Cheerfully sharing food, shelter, or conversation to benefit others.

26. Humility vs. Pride:

Acknowledging that achievement results from the investment of others in my life.

27. Initiative vs. Idleness:

Recognizing and doing what needs to be done before I am asked to do it.

28. Joyfulness vs. Self-Pity:

Maintaining a good attitude, even when faced with unpleasant conditions.

29. Justice vs. Corruption:

Taking personal responsibility to uphold what is pure, right, and true.

30. Love vs. Selfishness:

Giving to others basic needs without having as my motive personal reward.

31. Loyalty vs. Unfaithfulness:

Using difficult times to demonstrate my commitment to those I serve.

32. Meekness vs. Anger:

Yielding my personal rights and expectations with a desire to serve.

33. Obedience vs. Willfulness:

Quickly and cheerfully carrying out the direction of those who are responsible for me.

34. Orderliness vs. Disorganization:

Preparing myself and my surroundings so that I will achieve the greatest efficiency.

35. Patience vs. Restlessness:

Accepting a difficult situation without giving a deadline to remove it.

36. Persuasiveness vs. Contentiousness:

Guiding vital truths around others' mental roadblocks.

37. Punctuality vs. Tardiness:

Showing esteem for others by doing the right thing at the right time.

38. Resourcefulness vs. Wastefulness:

Wise use of that which others would normally overlook or discard.

39. Responsibility vs. Unreliability:

Knowing and doing what is expected of me.

40. Security vs. Anxiety:

Structuring my life around that which cannot be destroyed or taken away.

41. Self-Control vs. Self-Indulgence:

Rejecting wrong desires and doing what is right.

42. Sensitivity vs. Callousness:

Exercising my senses so that I can perceive the true attitudes and emotions of those around me.

43. Sincerity vs. Hypocrisy:

Eagerness to do what is right with transparent motives.

44. Thoroughness vs. Incompleteness:

Knowing what factors will diminish the effectiveness of my work or words if neglected.

45. Thriftiness vs. Extravagance:

Allowing myself and others to spend only what is necessary.

46. Tolerance vs. Prejudice:

Realizing that everyone is at varying levels of character development.

47. Truthfulness vs. Deception:

Earning future trust by accurately reporting past facts.

48. Virtue vs. Impurity:

The moral excellence that is evident in my life as I regularly do what is right.

49. Wisdom vs. Foolishness:

Responding to life situations from a perspective that is above my current circumstances.

(adapted from www.characterfirst.com)

COACHES CREED (by anonymous)

There are little eyes upon you
And they're watching night and day,
There are little ears that quickly
Take in every word you say,
There are little hands all eager
To do anything you do,
And a little child who's dreaming
Of the day they'll be like you.

You're the little ones idol,
You're the wisest of the wise,
In their little mind about you
No suspicions ever rise;
They believe in you devoutly,
Hold all you say and
They will do, in your way,
When their grown-up like you.

There's a wide-eyed little child
Who believes you're always right,
And their ears are always open
And they watch day and night.
You are setting an example
Every day in all you do,
For the little one who's waiting
To grow up to be like you.